We all need some help sometimes. Our Employee Assistance Programme is here for you, whatever’s going on in your world.

For more information contact your P&O representative
wgmn.hr@woodplc.com
EAP Services in Norway

Health

- **Health insurance for employees** (ref. Personnel Handbook – link only for Norway):
  Offers faster health treatment in case of illness or injury covering surgery, hospital treatment and rehabilitation, as well as consultation with a private medical specialist, treatment by physiotherapist, chiropractor, and psychologist. Guarantees treatment within 14 working days, and within the Nordic countries. If no vacant capacity/competence within these countries, treatment may take place in other parts of Europe. The insurance covers all the following:
  - **Health insurance Super**
    Physiotherapy/manual therapist and chiropractic/naprapathy treatment
  12 / 6
  NOK 250 per treatment to be paid by employee
  - **Health insurance Standard**
    Psychologist treatment
    Prescription of drugs
  - **Health insurance General**
    Surgery, hospital treatment and rehabilitation
    Psychological first-aid
    Travel and overnight accommodation
    Image diagnosis
    Private medical consultation
    Health phone
  - **Crisis psychology service**
    Included in the health insurance: 10 hours for family (in the event of accidents, etc.)
  - **KRY app**
    App for booking doctor appointment or get in contact with a doctor, when and where it suits the employee. Open to 22.00 hrs on a daily basis. App connected to the health insurance.
  - **Emergency numbers and helplines**
    Emergency number for Wood Norway (+47) 9450 9450
    Emergency numbers
    Fire: 110, Police: 112, and Ambulance: 113

Additional Services

- **Company Health Service** (ref. Personnel Handbook/Intranet – links only for Norway):
  Annual action plan offering agreed services and services upon request related to crisis handling, life style, alcohol/drugs abuse, gambling addiction, training within working environment aspects, individual follow-up of long-term illness, individual accommodation of workplace (ergometry, physical working environment), work-related illness (the Company Health Service may provide medical assistance), guidance within employment and management training, etc.
- **Employee representatives/safety delegates**
  Advice and guidance to employees within work-related issues.
- **Financial advice/guidance**
  Our insurance company, Willis Tower Watson, gives advice and guidance related to pension and insurance. Otherwise, financial issues are handled by employees on a private basis. In the event of temporary layoffs of employees, P&O assists employees in their dialogue and contact with the bank in order to postpone the pay of interests on a loan.
- **Assistance/guidance for children/young people/family/married couples**
  Public services and public health centre, public health nurse.